

# Spiral Halo Headband

**Session C, Friday, 8:30-12:00**

**Instructor/Designer:** Leanne Fredrick

**Designation for Project Use:** Full use of the project is granted to NAWW members.

**Instructor's Comments:** I was gifted a headband like this from Donna Hall. After some trial and error, I figured it out. Students will learn my headband technique, which makes for a comfortable fit. No more headband headaches. This Spiral Headband is well suited for additional trimming with straw flowers, leaves, or feathers.

**Skill Level:** Open

**Size of Project:** 6½" x 7¾" x 1½"

**Prerequisites:** Clove hitch knot

**Prework:** Bring cleaned straw (remove heads, leaves, and joint nodes.) Sort the straws into narrow and wider diameter groups. Prior to class, soak the straw until it is soft.

**Techniques Taught in Class:**

5-straw spiral plait (pg. 37-40 in Plait Directory)

**Straws Needed:** Softer variety (Larned, Scout, or Pronghorn, for example)

\*Plaiting straw: 70 straws, 10" long, 1<sup>st</sup> joint. Bring extra if they are shorter straws.

\*Filler straw: 30-40 pieces, 4"-8" lengths, 2<sup>nd</sup> joints work well.

\*Cover straw- 2-4 pieces total, 15", 3/32" diameter to cover the wire

**Supplies Needed:**

Galvanized garden wire uncoated – 15" 16-gauge, 55 lb./25kg. Available at hardware stores.

Basic straw kit (thread, needle, snipper scissors, spray bottle, Aleene's Tacky Glue, bees wax)

Wire cutter

Fine to medium grit sand paper (small piece)

**Kit:** \$20.00 – (Kit contains items marked with \*)

